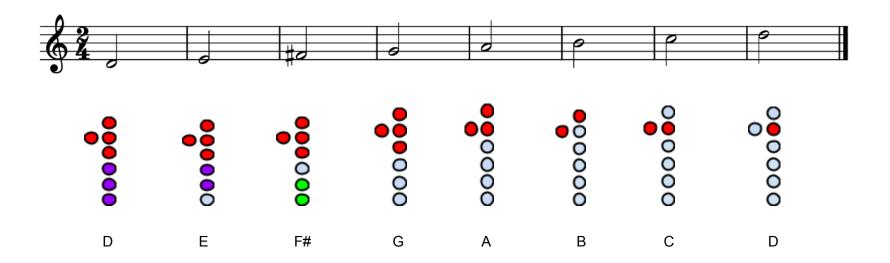


Recorder - Black Belt



Exercise 1



Exercise 2



Exercise 3



Dipidu





Black Belt Checklist

- Exercise 1
- Exercise 2
- Exercise 3
- Dipdu
- Correct Hand Position
- Correct Articulations
- Correct Breathing